National Scientific Seminar in Pharmacy and Health Sciences 2019

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ABSTRACT
The National Scientific Seminar in Pharmacy and Health Sciences 2019 (NSPHS 2019) is an initiative undertaken by the Faculty of Pharmacy and Health Science (FPHS), Universiti Kuala Lumpur Royal College of Medicine Perak (UniKL RCMP), aims to emphasize on the present and future status of health care in the community. The seminar hopes to provide a forum for investigating and exchanging actionable knowledge about best practices by the experts and scientific information by the scientists engaged with health care research. The theme “Information Today is Knowledge Tomorrow - Providing Positive Health Care in the Community” is, therefore, best suited for the proposed seminar, which attaches an interplay of theory, research, and practice. The seminar will primarily focus on presentations and discussion on the latest information on selected key-topics that revolve holistically to the community health such as cancer, aging, cardiovascular, vaccines, halal pharmaceuticals, mental health, and fitness.

SEMINAR OBJECTIVES
• To bring together the knowledge and expertise of distinguished scientists, academicians, and clinicians that would result in an informed and beneficial exchange of ideas.
• To lead closer cooperation and better approach in the management and prevention of diseases.
• To allow academicians, researchers, and postgraduate students to establish the network with experts in their respective fields.

To disseminate update information to a larger group of audiences and stakeholders.

EDITORIAL NOTE
Welcome to the Proceedings of “National Scientific Seminar in Pharmacy and Health Sciences 2019 (NSPHS 2019),” which was held at Hotel Syeun in Ipoh, Malaysia, with its special theme on “Information Today is Knowledge Tomorrow - Providing Positive Healthcare in the Community.” Ensuring a high quality of national seminar requires accepting papers that pass a rigorous review process. A large number of scientific papers were submitted to NSPHS 2019. Each paper was subjected to review by 3–5 reviewers of the scientific and publication committee members. The papers came from different parts of Malaysia from various fields, including academia, industry, and government. We have 7 invited presentations, 15 oral presentations, and 32 poster presentations during this one-day seminar, and the selection of best post-presentation and best oral presentation awards has been done. We would like to express our deepest appreciation to the authors whose scientific and technical contributions are presented in these proceedings. It is
because of their excellent contributions and hard work that we have been able to prepare these proceedings.

We would like to thank all our invited speakers who made all the efforts to create the materials and their wide and rich experiences to deliver distinguished talks. We would also like to thank all our poster and oral presenters for their great efforts in delivering interactive that address the learning needs of all levels, undergraduates, graduates, and professionals. We are very grateful to our chairpersons in scientific sessions for their great efforts in reviewing the papers in their tracks and organizing to assign other volunteer reviewers, the NSPHS 2019 technical program committee members, and the designated reviewers. We hope this national seminar offers everyone an insightful and fruitful experience that provides opportunities for partnerships in collaborative education, practice, and future research. Last but not least, we would like to congratulate all the members of the organizing committee on the success of this seminar. Finally, we hope that the participants enjoyed the outstanding program of National Scientific Seminar in Pharmacy and Health Sciences 2019 (NSPHS 2019) held at Hotel Syeun in Ipoh, Malaysia, that we created for them.

Looking forward to welcome you to the next NSPHS in 2021.